



Very Tentative

Team 2015 Summer Schedule

Training Level 4A and Training Level 4B will be determined by coaches after Gasparilla Classic. (Training Level 2, 3 or 4B SPOTS will be filled on a First Come, First Serve Basis - with early workout priority going to gymnasts who attend Park Avenue Summer Camp.)

Training Level 1	Tuesday & Friday 3:00pm - 6:00pm	
Training Level 2, Training Level 3, & Training Level 4B (25 SPACES) *FIRST PRIORITY GOES TO PARK AVENUE CAMPERS	Monday, Wednesday & Thursday 2:00pm - 5:00pm	
Training Level 2, Training Level 3, & Training Level 4B (25 SPACES)	Monday, Wednesday & Thursday 5:00pm - 8:00pm	
Training 4A	Monday thru Thursday 11:30pm - 3:00pm	
TOPS	Tuesday 3:00pm - 5:30pm	
Level 4-6's & First Year Level 6's	Monday thru Thursday 11:30pm - 3:00pm	
Second Year Level 6's - Level 10	Monday thru Thursday 8:00am - 12:00pm	Friday 1:30pm - 5:30pm
Team Xcel	Tuesday, Thursday & Friday 5:00pm - 8:00pm	Choose 2 or 3 Days of Workout. Days must be set! No flip-flopping!
Boys Team	Monday thru Wednesday 10:30am - 1:30pm	Friday 12:00pm - 3:00pm

These workouts are based on **CURRENT** team #'s, levels & coaching staff. Subject to change!

If you have hopes of your gymnast advancing a level next year, please plan to attend **most** weeks of the summer.