



## Level 6 & 7 State Championships

April 10—12, 2015

2501 Coral Springs Drive, Coral Springs Florida 33065

Twister Gymnastics and USA Competitions is proud to host the 2015 Florida USAG Level 6 & 7 State Championships. Please review the following items enclosed in this packet:

1. Coaches and General Information
2. Competition Schedule
3. Level 7 Age Group Divisions
4. Map to the Facility

**Gym Rosters** will be emailed to each club with complete information, for session assignment & birth date verification.

**Coaches, please double check your team rosters for the correct spelling of your athlete's names, date of birth & missing USAG numbers.** Should a birth date discrepancy be noticed after awards have been printed, no changes will be made as they are then considered verified and official. Should an athlete compete in a session other than the one designated by her birthday, her awards will be duplicated based on her group. These placements will not be published or announced and the scores may not contribute to the team total.

**Coaches, be sure to have your USAG card on hand**, for verification of your USAG Professional Membership, Safety Certification, U100 Course Compliance and Background Clearance Status. All coaches will be required to initial the USAG Coaches Sign In sheet. Competing athletes and USAG Pro members only allowed on the competition floor!

**Coaches Attire:** At State Meets and above, the following dress code will be in place (*USAG dress code rules*).

Shoes—Closed toe athletic shoes.

Shorts—Athletic or tailored shorts with a 7" inseam.

Shirts—Collared or business casual with a gym logo. NO spaghetti straps, low cut tops or midriff revealing shirts.

Hats—No hats or visors are allowed to be worn.

Coaches who violate rules will be requested to leave the competition floor

**Awards ceremonies:** For Individual and All Around will take place within 5 minutes following the end of each session. Each session will present four award groups, divided equally by birth dates —50% + 1 awarded for Individual. All Around is awarded 100% for level 6 and 50% + 1 for level 7.

**Team awards:** Take place following each level's final session: Level 6 on Saturday at 11:00am and level 7 on Sunday evening at 5:30pm. Teams will be separated into divisions. Team Divisions will be announced on April 2nd, the day following the final late entry deadline.

**Coaches hospitality:** Will be provided to the coaches in the hospitality room during applicable times throughout the event.

If there is anything that we can do to assist you, please do not hesitate to contact us. We wish you and your athletes the very best Championship experience!

Sincerely,

Randy Sikora  
Meet Director

Sharyn Strickland  
Event Coordinator  
877-341-9007  
[Sharyn@usacompetitions.com](mailto:Sharyn@usacompetitions.com)

Gary Anderson  
Floor Manager



[www.USACompetitions.com](http://www.USACompetitions.com)

# EVENT SCHEDULE



**USA GYMNASTICS®**

**Florida**

## Friday, April 10

<b>Session 1</b>	<b>Level 6</b>	8:00am	Stretch
	<i>Birth date range</i>	8:20am	Warm-up
	<i>11/4/2004 &amp; younger</i>	8:30am	Compete
<b>Session 2</b>	<b>Level 6</b>	11:30am	Stretch
	<i>Birth date range</i>	11:50am	Warm-up
	<i>9/09/03 - 11/03/04</i>	12:00pm	Compete
<b>Session 3</b>	<b>Level 6</b>	2:30pm	Stretch
	<i>Birth date range</i>	2:50pm	Warm-up
	<i>9/17/02 - 9/08/03</i>	3:00pm	Compete
<b>Session 4</b>	<b>Level 6</b>	6:00pm	Stretch
	<i>Birth date range</i>	6:20pm	Warm-up
	<i>8/23/01 - 9/16/02</i>	6:30pm	Compete

**Level 6 Team awards** take place following session 5, at approximately 11:00am on Saturday.

**Level 7 Age Group breakdown on pg. 3**

## Saturday, April 11

<b>Session 5</b>	<b>Level 6</b>	8:00am	Stretch
	<i>Birth date range</i>	8:20am	Warm-up
	<i>8/22/01 &amp; Older</i>	8:30am	Compete
<b>Session 6</b>	<b>Level 7</b>	11:30am	Stretch
	<i>Age groups:</i>	11:50am	Warm-up
	<i>24, 3, 5, 13</i>	12:00pm	Compete
<b>Session 7</b>	<b>Level 7</b>	2:30pm	Stretch
	<i>Age groups:</i>	2:50pm	Warm-up
	<i>23, 4, 2, 1</i>	3:00pm	Compete
<b>Session 8</b>	<b>Level 7</b>	6:00pm	Stretch
	<i>Age groups:</i>	6:20pm	Warm-up
	<i>22, 17, 7, 14</i>	6:30pm	Compete

## Sunday, April 12

<b>Session 9</b>	<b>Level 7</b>	8:00am	Stretch
	<i>Age groups:</i>	8:20am	Warm-up
	<i>21, 18, 8, 9</i>	8:30am	Compete
<b>Session 10</b>	<b>Level 7</b>	11:30am	Stretch
	<i>Age groups:</i>	11:50am	Warm-up
	<i>12, 20, 15, 16</i>	12:00pm	Compete
<b>Session 11</b>	<b>Level 7</b>	2:30pm	Stretch
	<i>Age groups:</i>	2:50pm	Warm-up
	<i>11, 10, 19, 6</i>	3:00pm	Compete

**Level 7 Team awards** take place following session 11, at approximately 5:30pm on Sunday.



For event results, visit  
[www.usacompetitions.com](http://www.usacompetitions.com)



<b>FL USAG Level 7 State Championships</b>			
<b>Age Group</b>	<b>Birth Date</b>	<b>Divisions</b>	<b>Session # assigned</b>
	<i>(group 1, youngest)</i>		
<b>Group 1</b>	9/19/2005	& younger	<b>7</b>
<b>Group 2</b>	3/2/2005	— 9/18/2005	<b>7</b>
<b>Group 3</b>	12/2/2004	— 3/1/2005	<b>6</b>
<b>Group 4</b>	7/20/2004	— 12/1/2004	<b>7</b>
<b>Group 5</b>	4/27/2004	— 7/19/2004	<b>6</b>
<b>Group 6</b>	3/11/2004	— 4/26/2004	<b>11</b>
<b>Group 7</b>	1/8/2004	— 3/10/2004	<b>8</b>
<b>Group 8</b>	9/21/2003	— 1/7/2004	<b>9</b>
<b>Group 9</b>	7/21/2003	— 9/20/2003	<b>9</b>
<b>Group 10</b>	5/21/2003	— 7/20/2003	<b>11</b>
<b>Group 11</b>	4/15/2003	— 5/20/2003	<b>11</b>
<b>Group 12</b>	3/8/2003	— 4/14/2003	<b>10</b>
<b>Group 13</b>	12/23/2002	— 3/7/2003	<b>6</b>
<b>Group 14</b>	11/14/2002	— 12/22/2002	<b>8</b>
<b>Group 15</b>	9/5/2002	— 11/13/2002	<b>10</b>
<b>Group 16</b>	7/2/2002	— 9/4/2002	<b>10</b>
<b>Group 17</b>	4/26/2002	— 7/1/2002	<b>8</b>
<b>Group 18</b>	12/7/2001	— 4/25/2002	<b>9</b>
<b>Group 19</b>	9/8/2001	— 12/6/2001	<b>11</b>
<b>Group 20</b>	4/5/2001	— 9/7/2001	<b>10</b>
<b>Group 21</b>	1/31/2001	— 4/4/2001	<b>9</b>
<b>Group 22</b>	9/13/2000	— 1/30/2001	<b>8</b>
<b>Group 23</b>	12/2/1999	— 9/12/2000	<b>7</b>
<b>Group 24</b>	12/1/1999	& older	<b>6</b>
<b>Please verify athlete's correct date of birth and session assignment on your club roster!</b>			

**Check carefully** to verify which session each of your athletes should be in according to their birth date. Session assignments are listed on your team rosters, which will be emailed to each club. If there is an incorrect birth date and session assignment listed, please email [sharyn@usacompetitions.com](mailto:sharyn@usacompetitions.com) immediately, **before** the day of competition!

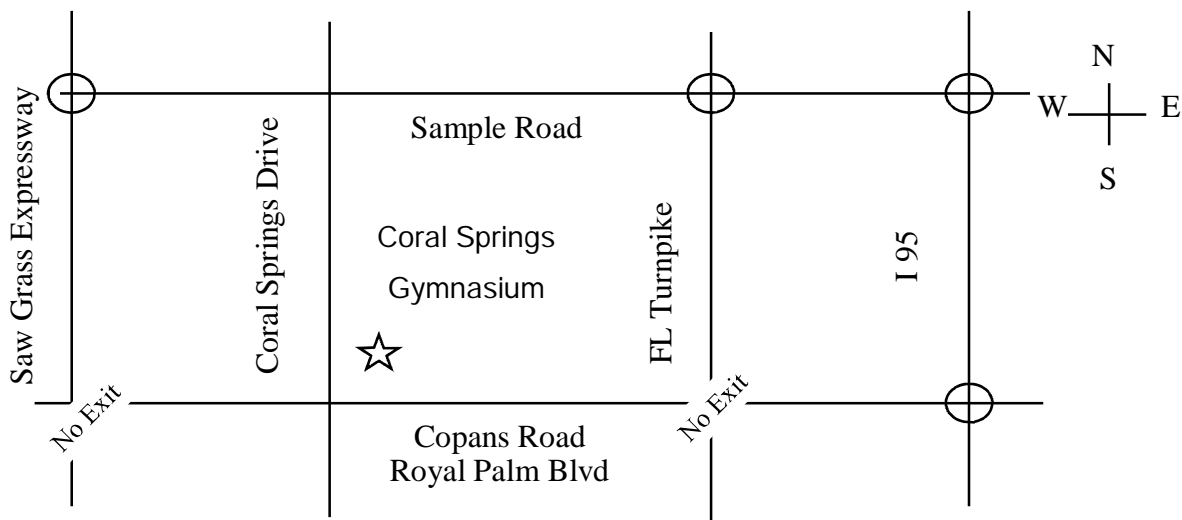
<b><u>Spectator Admissions</u></b>	
Adults, ages 13 and up: \$15.00	Children, ages 5-12: \$10.00
<i>Children 4 and younger &amp; competing athletes free</i>	
<i>Length of Event Pass    Adult: \$25/Child: \$15</i>	
<i>Cash only, please</i>	
<b>Coral Springs Gymnasium 2501 Coral Springs Drive, Coral Springs, FL 33065</b>	



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**Florida**

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