2015 SUMMER WORKOUT CHECK OFF SHEET

Gymnast's Name:_____ Level:_____

June 8th – August 21st

It is **HIGHLY RECOMMENDED** that the gymnasts attend **at least 8 weeks of summer** workout, in order to be ready for the upcoming competitive season! Gymnasts that miss a lot of summer workouts jeopardize there chances of moving up a level. The coaches may chose to have your gymnast wait to compete **until the coaches feel they are ready.** Please check off what your gymnast will be doing each week of the summer, to help us with staffing of summer workouts & summer billing. **If you do not turn in a sheet you will be charged the full amount for your gymnasts level of summer workout.**

WEEKS	PLEASE CIRCLE ACCORDING TO YOUR SUMMER PLANS	FOR OFFICE USE ONLY
JUNE 8 - 12	CAMP WORKOUT VACATION	
JUNE 15-19	CAMP WORKOUT VACATION	
JUNE 22-26	CAMP WORKOUT VACATION	
JUNE 29 - JULY 3	CAMP WORKOUT VACATION FLIP FEST	
JULY 6-10	CAMP WORKOUT VACATION	
JULY 13-17	CAMP WORKOUT VACATION	
JULY 20-24	CAMP WORKOUT VACATION	
JULY 27-31	CAMP WORKOUT VACATION	
AUGUST 3-7	CAMP WORKOUT VACATION	
AUGUST 10-14	CAMP WORKOUT VACATION	
AUGUST 17-21	CAMP WORKOUT VACATION	

Please return this completed form ASAP - please no later than May 11th!