



Team

Fall 2015

Schedule

2015-2016 Team Workout Schedule

*****Cooper City Gym*****

LEVEL	MON	TUE	WED	THU	FRI	SAT
Level 1	X	3:30-6:15 (18)	X	3:30-6:15	X	X
Level 2 Early	2:30 - 5:15	X	2:30 - 5:15	X	2:30 - 5:15	X
Level 2 Late	4:45 - 7:30	X	4:45 - 7:30	X	4:45 - 7:30	X

Level 1's	Level 2's Early	Level 2's Late
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Natalie Aguilar	Esther Weissmark	Jordan Nizel
Orly Antevy	Katie Villalon	Blake Stewart
Brooke Bowen	Lilly Hirsch	Kate Davies
Seraphina Brodsky	Savanna Freeman	Peyton Eichel
Ariella Cohen	Danielle Siefert	Brunhilde Georges
Samantha Cohen	Madeline Sansone	Kira Nichawitz
Molly Gordon	Shana Pastor	Victoria Premo
Devyn Hughes	Samantha Allison	Katelynn Harkleroad
Shelby Johnson	Mia Suarez	Hodaya Ifrah
Elizabeth Louchez	Ella Whitton	Sophia Gonzalez
Rayya Mahabir	Vishakha Josha	Shayla Holloway
Deliannie Rodriguez	Amanda Will	Emerson McDonald
Madison McKeon	Erin Brosnahan	Neela Nicholson
Kennison Serlo	Frances Li	Alexa Young-Tem
Guiliana Serrao		
Sofya Susenkova		
Savannah Torres		
Ava Lorenzo		

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*****Cooper City Gym*****

LEVEL	MON	TUE	WED	THU	FRI	SAT
Level 3 Early	2:30 - 5:15	X	2:30 - 5:15	X	2:30 - 5:15	X
Level 3 Late	4:45 - 7:30	X	4:45 - 7:30	X	4:45 - 7:30	X
Level 4 Early	3:00-6:30	X	3:00-6:30	X	3:00-6:30	X
Level 4 Late	5:00 - 8:30	X	5:00 - 8:30	X	5:00 - 8:30	X

**Level 3
Early**

**Level 3's
Late**

**Level 4's
Early**

**Level 4's
Late**

Gwendolyn Thomas	Emma Neidenberg	Daphne Deglon	Chiara Motta
Maxine T.	Mia Przelomski	Amanda Czubkowski	Sydney Nicholson
Myla Friend	Francesca Galvez	Meggan Martin	Amy Suarez
Mackenzie O'Brien	Linda Mathew	Mya Rush	Kristin Ward
Natalie Villalon	Maci Meyers		Gina Volpe
	Jessie Gross		Megan Krueger
	Savanna Nicholson		
	Isabella Pino		
	Kelsey Vadnais		
	Mariana Rodriguez		

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*****Cooper City Gym*****

LEVEL	MON	TUE	WED	THU	FRI	SAT
Level 5/6 Early	3:00 - 6:30	X	3:00 - 6:30	X	3:00 - 6:30	9:00 - 12:30
Level 5/6 Late	5:00 - 8:30	X	5:00 - 8:30	X	5:00 - 8:30	9:00 - 12:30
Level 6 Late	5:00 - 8:30 <i>(1 spot left)</i> Jamie K. Ashley V Helen G. Courtney L.	5:00 - 8:30	5:00 - 8:30 <i>(5 spots)</i>	5:00 - 8:30	5:00 - 8:30	9:00 - 12:30

LEVEL 6 SPOTS WRITTEN IN ITALICS are scheduled on a first come, first serve basis, please email Kathy@parkavenuegymnastics.com

Level 5/6 Early	Level 5/6 Late	Level 6 Late
Kayla Devaux	Hailey Howitt	Shyanne Hernandez
Delanie Gamsen	Eva Reyes	Jamie Keller
Sophie Egert	Amanda Howitt	Helen Gordon
Cara Barkey	Jessica Knight	Jessica Salazar
Valerie Lobo	Andrea Guzman	Courtney Levinson
Isabella Gafanha	Cassidy Ricard	Maya Marston
	Paige Yam	Ashley Villalon
	Emma Aitken	Alexandra Carabotta
		Mariana Solis

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*****Cooper City Gym*****

LEVEL	MON	TUE	WED	THU	FRI	SAT
Level 7 Early	5:00- 8:30	X	3:00- 6:30	3:00- 6:30	3:00- 6:30	12:00- 4:00
Level 7 Late	5:00- 8:30	5:00- 8:30	5:00- 8:30	X	5:00- 8:30	12:00- 4:00

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Level 6 & 7 Early	Level 7 Late
Hannah Egert	Melanie Stone
Lauren Vigil	Jaiden Needham
Myriah Trainor	Grace Painsiris
	Anile Vichot
	Bella Reyes

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2015-2016 Team Workout Schedule

*****Cooper City Gym*****

LEVEL	MON	TUE	WED	THU	FRI	SAT
Level 8 Early	3:00- 6:30	X	3:00- 6:30	3:00- 6:30	3:00- 6:30	12:00- 4:00
Level 8 Late	5:00- 8:30	5:00- 8:30	5:00- 8:30	5:00- 8:30	X	12:00- 4:00
Level 9 & 10 Early	3:00- 6:30	X	3:00- 6:30	3:00- 6:30	3:00- 6:30	12:00- 4:00

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Level 8 Early		Level 9 & 10 Early	
Clare Aiello		Alyssa Cavazos	
Natasha Batalla		Portia Durden	
Isabella Vigil		Samara Eisenberg	
Kianna Dean		Michelle Eisenberg	
Leah Barnes		Courtney Cooke	
Level 8 Late			
Lauren Maykut			
Rachel Shapiro			
Maria Andarcia			
Martina Giacomelli			
Sarah Cox			
Reese Madden			
Julia Todor			
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2015-2016 Team Workout Schedule

*****Cooper City Gym*****

Levels	Mon	Tue	Wed	Thu	Fri	Sat
BOYS LEVEL 4	5:30- 8:30	X	5:30- 8:30	X	5:30- 8:30	X
BOYS LEVEL 5	5:30- 8:30	X	5:30- 8:30	4:00- 7:00	X	12:30- 4:00
BOYS LEVEL 6 & Up	5:30- 8:30	5:30- 8:30	X	4:00- 7:00	5:30- 8:30	12:30- 4:00
Level 5's			Level 6's			
Matthew Maykut			Benjamin Aguilar			
Nicholas Dolton			Chase Graziadei			
Aaron Kitchman			Liam Gilberd			
Level 7's			Level 8's			
Max Rubin			Tyler Flowers			
Level 9's						
Will Gomez						

2015-2016 Team Workout Schedule

Team Xcel

Levels	Mon	Tue	Wed	Thu	Fri	Sat
Team Xcel Chose either 2 or 3 days of workout - First come, First serve. If space is available, a 4th day may be possible.	X	5:30pm - 8:30pm 24 spots on each day	5:30pm - 8:30pm 16 spots on each day	5:30pm - 8:30pm 24 spots on each day	X	1:00 - 4:00 24 spots on each day
Team Xcel Competitive Experience			New to Team Xcel			
Amy Loewenstein Maegan Stofsky Sophie Eberhard Ariana Reyes Maya Reiter Rachel Gottlieb Samantha Scheigert Gabi Schwartz Sofia Benitez Paige Patterson Madi Schwartz Lauren Stofsky Samantha Garcia Michelle Eimmerman Khayla-Marie Watson			Ava Abecassis Christine Gilles Gianna Gramanzini Monica Hochman Eva Maldonado Katherine Montoya Isabelle Morello Andrea Rose Michie Borak Destiny Campbell Carolyn Fitzpatrick Zoe Kessner Briana O'Connell Mia Saavedra Mackenzie Sauer Isabelle Spielmann Isabelle Vargas			

Chose either a 2 Days a week or 3 days of Week for Practice from the times above. Please let the front office know ASAP if your daughter will be attending a 2 Day workout or a 3 day workout.