

2016 Xcel State Championships

Competition Schedule

BOB MARTINEZ SPORTS COMPLEX
UNIVERSITY OF TAMPA
317 N. BOULEVARD
TAMPA, FLORIDA

Friday April 15, 2016

Session 1 - Capital Cup (70)

Xcel Bronze

Born between 9/28/2007 – 1/26/2011

8:00-8:20 General Stretch

8:20-8:30 Timed Warm Ups

8:30-10:30 Competition

Individual Awards to follow.

Session 2 - Capital Cup (69)

Xcel Bronze

Born between 9/27/2005 – 9/27/2007

10:30-10:50 General Stretch

10:50- 11:00 Timed Warm Ups

11:00 – 1:00 Competition

Individual Awards to follow.

Session 3 - Capital Cup (70)

Xcel Bronze

Born between 4/9/2000 – 9/26/2005

1:00 - 1:20 General Stretch

1:20 - 1:30 Timed Warm Ups

1:30 - 3:30 Competition

Individual and Xcel Bronze Team Awards to follow.

Session 4 - Capital Cup (63)

Xcel Platinum

Born between 3/17/2003 – 5/4/2006

ALL Xcel Diamond

3:30 - 3:50 General Stretch

3:50 - 4:05 Timed Warm Ups

4:05 - 6:30 Competition

Individual Awards to follow.

Session 5 - Capital Cup (57)

Xcel Platinum

Born between 11/24/1997 – 3/16/2003

6:30 - 6:50 General Stretch

6:50 - 7:05 Timed Warm Ups

7:05 - 9:15 Competition

Individual and Team Awards to follow.

Door Fees – Cash Only

Adults \$15.00

Children 5-12 \$10.00

2016 Xcel State Championships

Competition Schedule

BOB MARTINEZ SPORTS COMPLEX
UNIVERSITY OF TAMPA
317 N. BOULEVARD
TAMPA, FLORIDA

Saturday April 16, 2016

Session 6 - Capital Cup (74)

Xcel Gold

Born between 11/20/2005 – 12/2/2008

8:00-8:20 General Stretch

8:20-8:30 Timed Warm Ups

8:30-11:15 Competition

Individual Awards to follow.

Session 7 - Capital Cup (74)

Xcel Gold

Born between 10/30/2004 – 11/19/2005

11:15-11:35 General Stretch

11:35- 11:50 Timed Warm Ups

11:50 – 2:30 Competition

Individual Awards to follow

Session 8 - Capital Cup (75)

Xcel Gold

Born between 3/19/2003 – 10/29/2004

2:30-2:50 General Stretch

2:50- 3:00 Timed Warm Ups

3:00 – 5:45 Competition

Individual Awards to follow

Session 9 - Capital Cup (75)

Xcel Gold

Born between 3/31/1998 – 3/18/2003

5:45-6:05 General Stretch

6:05- 6:15 Timed Warm Ups

6:15 – 9:00 Competition

Individual and Team Awards to follow.

Door Fees – Cash Only

Adults \$15.00

Children 5-12 \$10.00

2016 Xcel State Championships

Competition Schedule

BOB MARTINEZ SPORTS COMPLEX
UNIVERSITY OF TAMPA
317 N. BOULEVARD
TAMPA, FLORIDA

Sunday April 17, 2016

Session 10 - Capital Cup (65)

Xcel Silver

Born between 7/10/2006 – 1/25/2010

8:00-8:20 General Stretch

8:20-8:30 Timed Warm Ups

8:30-11:00 Competition

Individual Awards to follow.

Session 11 - Capital Cup (65)

Xcel Silver

Born between 5/10/2005 – 7/9/2006

11:00-11:20 General Stretch

11:20- 11:30 Timed Warm Ups

11:30 – 2:00 Competition

Individual Awards to follow

Session 12 - Capital Cup (65)

Xcel Silver

Born between 12/28/2003 – 5/9/2005

2:00-2:20 General Stretch

2:20- 2:30 Timed Warm Ups

2:30 –5:00 Competition

Individual Awards to follow

Session 13 - Capital Cup (65)

Xcel Silver

Born between 11/7/1998 – 12/27/2003

5:00-5:20 General Stretch

5:20- 5:30 Timed Warm Ups

5:30 – 8:00 Competition

Individual and Team Awards to follow.

Door Fees – Cash Only

Adults \$15.00

Children 5-12 \$10.00