

THURSDAY			
TRAINING SESSION #1	8:30AM - 12:30PM	WOMEN'S LEVELS 6-10/XP/XD	GYM A - IMPERIAL BALLROOM
		WOMEN'S LEVELS 1-5/XS/XG/ BOYS	GYM B - IMPERIAL BALLROOM
TRAINING SESSION #2	1PM - 5PM	WOMEN'S LEVELS 6-10/XP/XD	GYM A - IMPERIAL BALLROOM
		WOMEN'S LEVELS 1-5/XS/XG/ BOYS	GYM B - IMPERIAL BALLROOM
OPENING CEREMONY - 7PM ATHLETE STAGING - 6PM DOORS OPEN - 6PM	7PM - 8:30PM	ALL ATHLETES	IMPERIAL BALLROOM

FRIDAY			SATURDAY			SUNDAY		
	<u>GYM A</u> MODIFIED CAPITOL CUP	<u>GYM B</u> TRADITIONAL		<u>GYM A</u> MODIFIED CAPITOL CUP	<u>GYM B</u> TRADITIONAL		<u>GYM A</u> MODIFIED CAPITOL CUP	<u>GYM B</u> TRADITIONAL
AM	LEVEL 7/8 A	LEVEL 1	AM	LEVEL 9	LEVEL 4/5 A	AM	LEVEL 6/XP/XD	BOYS LEVEL 4-6
NOON	LEVEL 9/10	LEVEL 2	NOON	LEVEL 10	LEVEL 4/5 B	NOON	LEVEL 6	BOYS LEVEL 7-10/ ELITE
PM	LEVEL 7/8 B	LEVEL 3	PM	LEVEL 7/8 C	XCEL SILVER/ GOLD	PM	-	-

\*\*ALL SCRATCHES OR LEVEL CHANGES NEED TO BE SUBMITTED BY NOVEMBER 1ST, 2015  
THE OFFICIAL MEET SCHEDULE WILL BE POSTED ON OR BEFORE NOVEMBER 5TH, 2015