



Tentative Fall 2016 Workout Schedule



Girls Team



LEVEL	MON	TUE	WED	THU	FRI	SAT
RISING STARS (9 Hours)	3:00pm-5:00pm	X	3:00pm-5:00pm	X	3:00pm-5:00pm	X
LEVEL 1 (6 Hours)	X	4:00pm-7:00pm	X	4:00pm-7:00pm	X	X
LEVEL 2 & 3 EARLY (9 Hours)	2:30pm-5:30pm	X	2:30pm-5:30pm	X	2:30pm-5:30pm	X
LEVEL 2 & 3 LATE (9 Hours)	4:30pm-7:30pm	X	4:30pm-7:30pm	X	4:30pm-7:30pm	X
LEVEL 4 EARLY (14 Hours)	3:00pm-6:30pm	X	3:00pm-6:30pm	X	3:00pm-6:30pm	8:00am-11:30am
LEVEL 4 LATE (14 Hours)	5:00pm-8:30pm	5:00pm-8:30pm	X	X	5:00pm-8:30pm	8:00am-11:30am

Forms were sent out the first week of June asking for your Fall 2016 Religious School Commitment Requests. If you have already requested a specific day off, it has been taken in to consideration. We are unable to take anymore requests at this time.

*If we realize we've made a schedule mistake, we reserve the right to make changes to the schedule.

We expect to have level assignments posted by Monday, August 1st.

LEVEL 6 EARLY (18 Hours)	3:00pm-6:30pm	3:00pm-6:30pm	3:00pm-6:30pm	X	3:00pm-6:30pm	9:00am-1:00pm
LEVEL 6 LATE (18 Hours)	5:00pm-8:30pm	X	5:00pm-8:30pm	X	5:00pm-8:30pm	9:00am-1:00pm
LEVEL 7 EARLY (18.5 Hours)	X	3:00pm-6:30pm	3:00pm-6:30pm	4:30pm-8:30pm	3:00pm-6:30pm	1:00pm-5:00pm
LEVEL 7 LATE (18.5 Hours)	X	5:00pm-8:30pm	5:00pm-8:30pm	4:30pm-8:30pm	5:00pm-8:30pm	1:00pm-5:00pm
LEVEL 8 EARLY (18.5 Hours)	3:00pm-6:30pm	3:00pm-6:30pm	X	4:30pm-8:30pm	3:00pm-6:30pm	1:00pm-5:00pm
LEVEL 8 LATE (18.5 Hours)	5:00pm-8:30pm	5:00pm-8:30pm	5:00pm-8:30pm	4:30pm-8:30pm	X	1:00pm-5:00pm
LEVEL 9/10 EARLY (18.5 Hours)	3:00pm-6:30pm	3:00pm-6:30pm	X	4:30pm-8:30pm	3:00pm-6:30pm	1:00pm-5:00pm
XCEL Chose either 2, 3, 4 or 5 days of workout - First come, First serve. (Chose 6, 9, 12 or 15 Hours)	X	5:00pm-8:30pm (24 Spots)	5:00pm-8:30pm (16 Spots)	5:00pm-8:30pm (24 Spots)	5:00pm-8:30pm (16 Spots)	1:00pm-4:00pm (16 Spots)



Boys Team



BOYS LEVEL 4 & 5 (9 Hours)	5:00pm-8:30pm	X	5:00pm-8:30pm	X	5:00pm-8:30pm	X
BOYS LEVEL 6 (16 Hours)	5:00pm-8:30pm	5:00pm-8:30pm	5:00pm-8:30pm	X	5:00pm-8:30pm	12:30pm-4:30pm
BOYS LEVEL 7-10 (17 Hours)	5:00pm-8:30pm	5:00pm-8:30pm	5:00pm-8:30pm	4:30pm-8:30pm	X	12:30pm-4:30pm