



Tentative Fall 2016 Workout Schedule



Girls Team



| LEVEL | MON | TUE | WED | THU | FRI | SAT |
|--|---------------|---------------|---------------|---------------|---------------|----------------|
| RISING STARS <i>Chose 2 Days from the 3 offered</i> | 3:00pm-5:00pm | X | 3:00pm-5:00pm | X | 3:00pm-5:00pm | X |
| LEVEL 1 <i>(6 Hours)</i> | X | 4:00pm-7:00pm | X | 4:00pm-7:00pm | X | X |
| LEVEL 2 & 3 EARLY <i>(9 Hours)</i> | 2:30pm-5:30pm | X | 2:30pm-5:30pm | X | 2:30pm-5:30pm | X |
| LEVEL 2 & 3 LATE <i>(9 Hours)</i> | 4:30pm-7:30pm | X | 4:30pm-7:30pm | X | 4:30pm-7:30pm | X |
| LEVEL 4 EARLY <i>(14 Hours)</i> | 3:00pm-6:30pm | X | 3:00pm-6:30pm | X | 3:00pm-6:30pm | 8:00am-11:30am |
| LEVEL 4 LATE <i>(14 Hours)</i> | 5:00pm-8:30pm | 5:00pm-8:30pm | X | X | 5:00pm-8:30pm | 8:00am-11:30am |

Forms were sent out the first week of June asking for your Fall 2016 Religious School Commitment Requests. If you have already requested a specific day off, it has been taken in to consideration. We are unable to take anymore requests at this time.

*If we realize we've made a schedule mistake, we reserve the right to make changes to the schedule.

We expect to have level assignments posted by Monday, August 1st.

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|--|---------------|---------------------------------|---------------------------------|---------------------------------|---------------------------------|---------------------------------|
| LEVEL 6 EARLY (18 Hours) | 3:00pm-6:30pm | 3:00pm-6:30pm | 3:00pm-6:30pm | X | 3:00pm-6:30pm | 9:00am-1:00pm |
| LEVEL 6 LATE (18 Hours) | 5:00pm-8:30pm | 5:00pm-8:30pm | 5:00pm-8:30pm | X | 5:00pm-8:30pm | 9:00am-1:00pm |
| LEVEL 7 EARLY (18.5 Hours) | X | 3:00pm-6:30pm | 3:00pm-6:30pm | 4:30pm-8:30pm | 3:00pm-6:30pm | 1:00pm-5:00pm |
| LEVEL 7 LATE (18.5 Hours) | X | 5:00pm-8:30pm | 5:00pm-8:30pm | 4:30pm-8:30pm | 5:00pm-8:30pm | 1:00pm-5:00pm |
| LEVEL 8 EARLY (18.5 Hours) | 3:00pm-6:30pm | 3:00pm-6:30pm | X | 4:30pm-8:30pm | 3:00pm-6:30pm | 1:00pm-5:00pm |
| LEVEL 8 LATE (18.5 Hours) | 5:00pm-8:30pm | 5:00pm-8:30pm | 5:00pm-8:30pm | 4:30pm-8:30pm | X | 1:00pm-5:00pm |
| LEVEL 9/10 EARLY (18.5 Hours) | 3:00pm-6:30pm | 3:00pm-6:30pm | X | 4:30pm-8:30pm | 3:00pm-6:30pm | 1:00pm-5:00pm |
| XCEL Chose either 2, 3, 4 or 5 days of workout - First come, First serve. (Chose 6, 9, 12 or 15 Hours) | X | 5:00pm-8:30pm (16 Spots) | 5:00pm-8:30pm (16 Spots) | 5:00pm-8:30pm (24 Spots) | 5:00pm-8:30pm (16 Spots) | 1:00pm-4:00pm (16 Spots) |



Boys Team



| | | | | | | |
|----------------------------------|---------------|---------------|---------------|---------------|---------------|----------------|
| BOYS LEVEL 4 & 5 (9 Hours) | 5:30pm-8:30pm | X | 5:30pm-8:30pm | X | 5:30pm-8:30pm | X |
| BOYS LEVEL 6 (16 Hours) | 5:30pm-8:30pm | 5:30pm-8:30pm | 5:30pm-8:30pm | X | 5:30pm-8:30pm | 12:30pm-4:30pm |
| BOYS LEVEL 7-10 (17 Hours) | 5:30pm-8:30pm | 5:30pm-8:30pm | 5:30pm-8:30pm | 4:30pm-8:30pm | X | 12:30pm-4:30pm |

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